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8

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Gut Check:
Solve Your Stomach
Problems page 102

**LOOK GORGEOUS—
NATURALLY!**

2,129

**SURPRISING
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NOVEMBER 2006

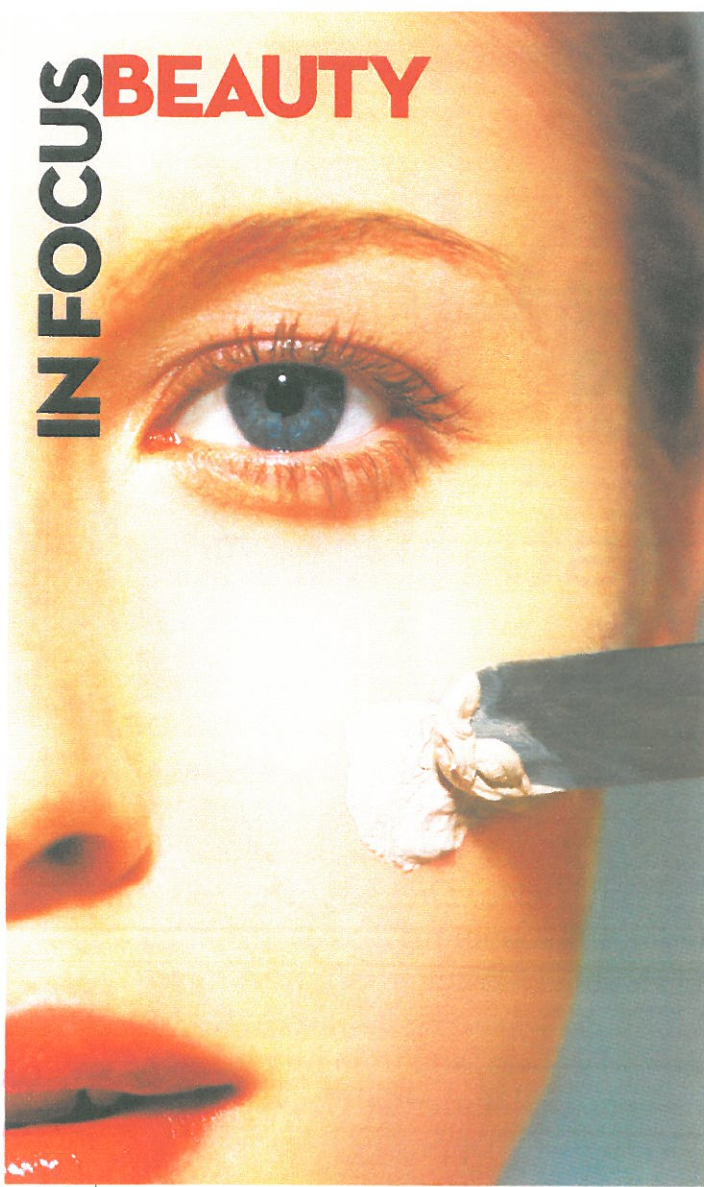
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BS Detector
PORES DON'T CHANGE IN SIZE—EVER. MASKS MAY SOAK UP OIL AND IMPURITIES THAT CAN MAGNIFY PORES' APPEARANCE, BUT ANY TIGHTENING IS A TEMPORARY OPTICAL ILLUSION.



mask masters

» They're not just for sucking gunk from your pores—these eight greats do everything from soothe to brighten

1 Acne Killer
Mario Badescu Drying Mask (\$18 for 2 oz, mariobadescu.com) contains sulfur, a powerful weapon against breakouts—especially those big angry red monsters. Plus, it gives you a serious dose of soothing calamine, "because oily skin tends to be very sensitive," says Joanna Czech, an aesthetician and the owner of Sava Spa in New York City.

Shine Stopper
Perfect for combination skin, the **Tozzi Pore Star Let's Face It Mint Clay Mask** (\$25 for 3 oz, tozzi.biz) multitasks with shine-fighting and moisturizing ingredients. This paste sops up oil slicks with kaolin and bentonite clay while drawing water from skin's lower layers to the surface with glycerin. But dried clay can be a bit stubborn, so moisten the mask with warm water and slowly massage it off—scrubbing will lead only to more breakouts.

3 Skin Quencher
It may look like Jell-O, but **Ling Moisturizing Facial Mask** (\$36 for 4 oz, lingskin care.com) is much better for you. This blue treat delivers humectants (agents that bind moisture to skin) and hydrating aloe. And you can double its benefits by applying it to wet skin, says Ranela Hirsch, M.D., a Boston dermatologist, "because you're sealing in that surface water." Consider it dessert for your face.

Dullness Destroyer
Mix **Juara Milk and Red Sandalwood Facial Mask** (\$35 for 2.5 oz, juaraskincare.com) with a bit of water and you end up with a concoction that brightens lackluster complexions better than a 1,000-watt bulb. Lactic acid from milk softens and exfoliates skin while calming sandalwood evens out blotchiness—a truly bright idea.

