

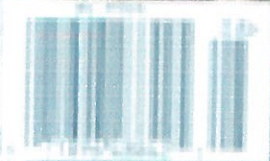
PALM BEACH

ILLUSTRATED

Body
Language

LOOK TO THE EAST
Spas Go Global

LIFE SAVER
Heart-to-Heart
with Mehmet Oz

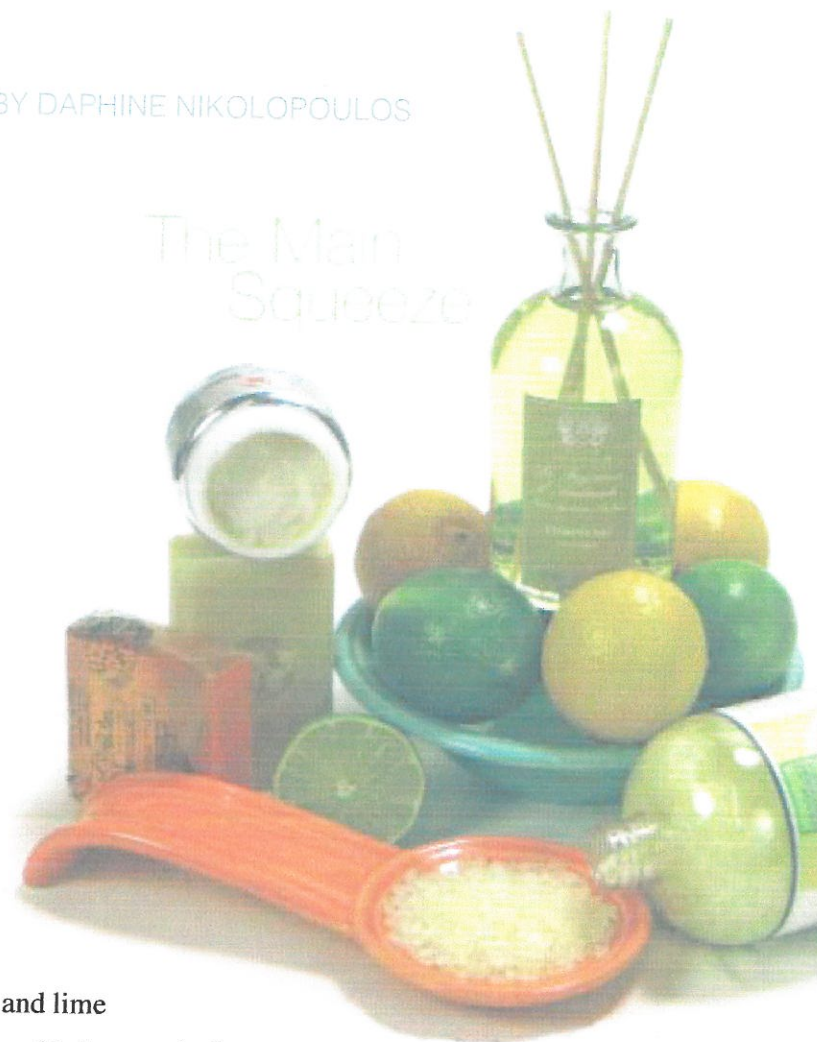


Style

Image

BY DAPHINE NIKOLOPOULOS

The Main Squeeze



Citrus is packed with benefits for the skin. Vitamin C is a powerful antioxidant. Essences of lemon and lime stimulate, while essence of orange calms and balances. And the scent of citrus is as refreshing as a spring morning in Palm Beach. Some of the juicy-fruit products we can't get enough of: the authentically Italian Antica Farmacista Home Ambiance Fragrance in Grapefruit (\$88 for 500 ml), available at Nordstrom; [Tozzi OrangeAid 10% Cream \(\\$60\)](#), created by cosmetic nurse [Donna Tozzi](#) for her [Tozzi Institute of Aesthetic Medicine](#) in West Palm Beach, and available at [tozzi.biz](#); [Yuzu Relaxing bath Salts \(\\$28\)](#), from Archipelago's Japanese grapefruit collection, available at [beautyexclusive.com](#); [Dr. Brandt Lemon Anti-Oxidant Water Booster \(\\$35\)](#), a water supplement to ward off wrinkles, available at Sephora; [Miller Harris Citron Citron glycerin soap \(\\$17\)](#), available at Saks Fifth Avenue; [Juara Lime Puree & Cucumber Clarifying Mask \(\\$35\)](#), based on an ancient Indonesian blend, and available at [juaraskincare.com](#); and [Pangea Organics refreshing Egyptian Fennel with Grapefruit and Sweet Orange bar soap \(\\$7\)](#), available at [pangeaorganics.com](#).

